

# Christmas Penguin



**Meet Percy - your festive friend here for the holiday season!**  
At Pawprint HQ the snow isn't quite glistening (just yet!) but Percy has arrived for some festive fun in the run up to the season...it's a Christmas cracker!

For even more programme ideas check out our 'Penguin' board over on  
[www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint\_family

# PAWPRINT BADGES

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**[www.pawprintfamily.com/terms-conditions](http://www.pawprintfamily.com/terms-conditions)**



# Craft

**PAWPRINT  
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- ★ Make your own Christmas cards including some cute fingerprint penguins!
- ★ Make a penguin decoration for your tree or home using materials of your choice.
- ★ Paint a pebble either as a penguin or with a picture/message of your choice as part of the Kindness Rocks project.  
Find out more: [www.thekindnessrocksproject.com](http://www.thekindnessrocksproject.com)

## Why?

Adelie and Gentoo penguins, propose with pebbles! These penguins live on rocky shores and a male penguin will find the smoothest pebble to give to a female as a gift. If she likes it, she'll place it in the nest and the two will continue building up their little pebble mound in preparation for eggs.

- ★ Craft your own bow tie like Percy's.
- ★ Learn to knit and knit a jumper for a penguin as part of the Penguin Foundation's 'Knits For Nature' project.  
Find out more: [www.penguinfoundation.org.au/penguin-jumpers/](http://www.penguinfoundation.org.au/penguin-jumpers/)
- ★ Penguins can remove salt from their bloodstream. Make bath salts and give them as a gift for Christmas.
- ★ Penguins often slide on their bellies to move about on the ice. Build a sledge or toboggan so you can slide around too!
- ★ Try penguin printing with potatoes, lino or recycled materials.
- ★ Make your own fluffy pompom penguin pal.
- ★ Paint a pine cone and make a pine cone penguin.
- ★ Have a go at ice carving and make a sculpture of a penguin or on a Christmas theme.
- ★ Create a no-sew sock penguin...you could fill it with sweets and give as a gift (as long as they're not old socks!)
- ★ Make your own penguin hot water bottle cover or a microwavable wheat bag hottie.
- ★ Paint a pebble; male penguins give them as gifts to their partners.





# Food

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- ★ Make your own chocolate-dipped marshmallow penguins.
- ★ Taste test the different flavours of biscuit named after our feathery friends. Can you tell the difference? How do you rate them?
- ★ Mould some penguins to sit atop an icy fairy cake covered with coconut snow.
- ★ Learn how to make macaroni cheese.

## Why?

There is a species of penguin called Macaroni penguins! Found in the Sub-antarctic and Antarctic Peninsulas they are recognisable by their distinctive yellow crests.

- ★ Penguins eat fish. Make a fish dish and find out about sustainable fishing.
- ★ Make your own meringue icebergs and recreate the famous 'Floating Islands' dessert.
- ★ Chill and make your own frozen dessert or ice lollies.
- ★ Make a recipe using maple syrup.

## Why?

Penguins get their name from the now extinct Canadian bird 'Pinguinus Impennis'. Canada is famous for its maple syrup production and accounts for almost 3/4 of the world's maple syrup!

- ★ Whip up your own snow cones.
- ★ Like other birds penguins lay eggs. Bake or make a dish using eggs.
- ★ Make your own Christmas cake to give as a gift. Decorate it with penguins.
- ★ Roll your own white chocolate 'snowball' truffles. Coat them with coconut if you like!
- ★ Make a sledge made from candy canes and sweets for your penguins to slide on.
- ★ Cut bananas in half, dip them in chocolate and decorate; standing them up to look like your very own penguin colony.



# Games

**PAWPRINT**  
**BADGES**

- ★ Penguins jump before diving in to the water to remove air bubbles from their feathers. Have a race to see how many bubbles you can pop in 30 seconds/1 minute.
- ★ Gentoo penguins can swim up to 22mph. Enter a swimming gala or race to see how fast you can swim. Can you work it out?
- ★ Male Emperor penguins are the ones who protect and look after the egg while the females go off to find food. Take responsibility and look after an egg for a week. How did you find it?
- ★ Can you jump over a penguin?

What?

Emperor penguins grow up to 1.2 metres in height. Can you jump higher than this? Have a go at high jump and see.

- ★ P...p...pickup a penguin without using your hands!

How?

Unwrap and place one of the biscuits named after our feathery friends on the table. Race to see how fast you can pick it up without using your hands. Make this more difficult for older ones by getting them to tilt their head back and placing the biscuit on their foreheads. How fast can they eat it now?

- ★ Each year penguins lose all their feathers during a catastrophic moult (honestly that's what it's called!). Help the penguins by finding their lost feathers in a treasure hunt.  
Leaders: this can be done as a wide game over a large area.
- ★ Emperor penguins can spend up to 20 minutes at a time underwater. How long can you hold your breath for?
- ★ A group of penguins in the water is called a raft. Build and race your own rafts and test your survival skills.
- ★ Have a go at the fishing game - how many can you catch? Use our free resource to help you.
- ★ Make a penguin popper marshmallow gun and have a shoot out with your friends/group - see our Pinterest board for a how to!
- ★ Host your own festive relay race and waddle like a penguin.



# Other

**PAWPRINT**  
**BADGES**

- ★ The Galapagos penguin is the only penguin found North of the equator. Find out what the equator is, where the Galapagos islands are and a little bit more about their history.
- ★ Find out why penguins have black and white feathers.
- ★ Visit a zoo or wildlife park and see some penguins for real. If you're lucky enough, take a trip and see some penguins in the wild.
- ★ Watch a film that includes penguins or a Christmas film.
- ★ Penguin feathers are shorter than other birds to make them more streamlined. Find out how other animals achieve a similar effect.
- ★ The supraorbital gland filters salt from penguin's blood stream. Make your own water filter or learn how to distill salt water.
- ★ Penguins look like they're wearing tuxedos, all ready for a swanky black tie ball! Host your own black tie ball or a black and white Christmas party.
- ★ Find out how you can track different species of animal.

## Why?

Penguins can be found by their poo! The vast amounts of poo (guano) created by a colony of penguins can be seen from space. Scientists even discovered a 'super-colony' of 1.5m Adelie penguins in the Danger Islands.

- ★ Share one of your Christmas traditions with a friend or another group.
- ★ Take swimming lessons or try diving at your local pool and if they have a badge scheme, earn a badge!
- ★ Collect Christmas presents for a local charity or children's hospice.
- ★ A group of penguins on land is known as a Waddle. Have your own waddling races or a competition for the most stylish waddle walk.
- ★ Discover more of the 18 species of penguin and find your own fun facts to share with friends and family.
- ★ Take it further: plan a trip (and if you can go on one) to see penguins in the wild. Where can you see them, how will you get there, what currency will you need?

## Adventure Complete?

Reward your young adventurers with their Christmas Penguin Challenge badge to mark **their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to sew **your badges** and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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