

Chinese New Year – Tiger



Wishing you all prosperity and happiness in this Tiger year!
This pack is full of ideas for oriental themed fun to get you celebrating Chinese New Year Spring Festival and learning about the qualities of the Tiger.

For even more programme ideas check out our 'CNY Tiger' board over on
www.PawprintFamily.com

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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虎 Host your own recycled fashion show or design some catwalk pieces. Women born in the year of the Tiger are said to love the freedom to express themselves through fashion.

虎 Paint a picture of a tiger.

Why?

In Chinese folklore, Tigers are believed to be so powerful that they will ward off fire, thieves and evil spirits. A painting of a Tiger is often hung on a wall inside a building facing the entrance to ensure that demons would be too afraid to enter.

虎 Create your own traditional Chinese paper cut. Traditionally made of red paper and often used to decorate doors and windows.

虎 Sew your own folk art toy. These toys are stitched in the shape of tigers and cats, decorated with embroidered patterns and are often used as pillows for children.

虎 In Chinese culture tigers are guardians of infants and Chinese children are often seen wearing shoes, hats and other garments with tiger designs. Have a go at making your own tiger inspired garment/accessory or design a tiger badge which you could add to your favourite bag/jacket.

虎 Make your own tiger mask.

虎 Create your own lucky money envelope using our free resource.

What?

During Chinese New Year it is tradition to exchange red envelopes containing money. Red is a symbol of energy, happiness and good luck. Wrapping lucky money in red envelopes is believed to bestow happiness and blessings on the receivers.

虎 Make your own tiger puppet. Why not have a go at Chinese shadow puppetry which is listed on the UNESCO Intangible Heritage list.

虎 Use wood and tissue paper to make a traditional Chinese kite, also called zhi yuan. Every year the city of Weifang, birthplace of kites, hosts the International Kite Festival featuring more than 1600 kites in various forms!

虎 The tiger is 'king of all beasts' in Chinese culture. Make a crown fit for a king.

虎 People born in the year of the tiger have a strong moral compass. Have a go at making a working compass.



Food

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虎 Bake a tiger striped cake using two different coloured cake batters.

虎 Have a go at baking a tiger skin Swiss roll.

What?

Made with a meringue-like, sponge crust the tiger skin Swiss roll is a wonder to behold. The outer cake layer used to coat the Swiss roll creases during cooking to create tiger-like stripes across the batter. You can find recipes online.

虎 Use rice flour paste to create the iconic cracked crust of tiger bread.

虎 Try cooking and tasting tiger prawns.

虎 The Chinese New Year dinner, also known as the "Reunion Dinner" is a highlight of Spring Festival celebrations. Taking place on the eve of Chinese New Year it's a time for the whole family to get together. Host your own reunion dinner.

虎 Longevity noodles are commonplace during Reunion Dinners as they represent happiness and longevity. Have a go at making your own noodles or cooking a noodle based dish.

虎 Bake some tiger face cupcakes to enjoy in the Year of the Tiger.

虎 According to some experts tiger urine smells like buttered popcorn. Pop your own popcorn and add your own toppings.

虎 Steam your own Nian Gao, also known as New Year cake or year cake. Made from rice flour it's a sticky, sweet treat popular during Chinese New Year.

虎 Spring rolls are popular during the Spring Festival as they symbolise wealth. Make your own spring rolls. Why not make some traditional fillings and then experiment with some of your own flavours?

虎 Make your own dumplings.

What?

Dumplings have a history of more than 1800 years and are a classic food for new year. Different fillings have different meanings and some people make lucky dumplings adding a white thread or a copper coin in to one dumpling to represent longevity and wealth respectively.

虎 Discover Tiger Tail ice cream and have a go at making your own.



Games

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虎 Those born in the Year of the Tiger are said to never give up, regardless of how many obstacles they face. Face your own obstacles in an obstacle course. How could you theme it around Chinese New Year?

虎 Take it in turns to lead a game.

Why?

People born in the Year of the Tiger are said to be natural born leaders possessing characteristics such as confidence and authority.

虎 Make your own set of Trump Cards for each of the animals of the Zodiac using our free resource to help you.

虎 Discover a Chinese board game that is new to you. China is home to some of the oldest board and card games in the world and many traditional games are still popular today, including Wei Qi, Chinese Checkers and Mahjong.

虎 In Ancient Chinese philosophy of yin and yang tigers are yang. Find out more about yin and yang and then play a game of pairs using our free resource.

虎 Test your balance. Compete to see who can stand on one leg the longest, build the tallest rock tower or have a game of hopscotch.

Why?

In Chinese philosophy there are 5 elements; wood, fire, earth, metal and water; known as Wu Xing (the Five Elements Theory). The philosophy describes the relationship and interdependence between all things and the teaching is all about finding balance.

虎 Create your own board game based on Chinese New Year, the Chinese Zodiac or the story of the Great Race.

虎 Tigers are silent hunters as their soft toe pads allow them to walk silently through their habitat. Have a game of queen's keys or a twist on hide and seek; can you move hiding places without being heard or found?

虎 Usain Bolt, the fastest man in the world, was born in the Year of the Tiger. How fast can you run?

虎 Play any competitive game. Those born in the Year of the Tiger are said to be fiercely competitive.

虎 The numbers 1, 3 and 4 are lucky for those born in the Year of the Tiger. Make up your own game based on these numbers.



Other

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- 虎 Read *The Great Race* (we'd recommend the illustrated version by Christopher Corr) and find out how the Chinese Zodiac animals came to be in the order they are.
- 虎 Watch a Marilyn Monroe film - she was born in the Year of the Tiger.
- 虎 Find out when and why Lunar New Year is celebrated and what special celebrations take place on the final day, also known as The Lantern Festival or the Shangyuan Festival.
- 虎 Queen Elizabeth II was born in the Year of the Tiger. If you were Queen/King for the day what would you do? Discuss your answer with friends or family.
- 虎 Read *The Tyger* by William Blake and have a go at writing your own poem about a tiger.
- 虎 Discover the importance of tigers in traditional Chinese folk tales and share some together with friends or family.
- 虎 Visit a zoo or safari park and see if you can spot a tiger for real. Did you know, there are more tigers in captivity in the US than are left in the wild.
- 虎 Find out what Zodiac sign you are and what your lucky colours, numbers and characteristics are.
- 虎 Attend some local Chinese New Year celebrations.
- 虎 Watch a movie that includes a tiger character.
- 虎 Create your own version of the Jade Emperor story. You could put on a play, write a song or present it as a news reporter.
- 虎 For more than 1000 years tiger parts have been included in traditional Chinese medicine. Find out which tiger parts are used and how this has impacted on the tiger population.
- 虎 Read *The Tiger Who Came to Tea* by Judith Kerr and enjoy a story tea time together with friends or family.
- 虎 Find out your own tiger facts and share them in a fun way.
- 虎 Which flowers are lucky for people born in the Year of the Tiger? Find out and see if you can grow some OR make an arrangement using them.

Adventure Complete?

Reward your young adventurers with their Chinese New Year Tiger Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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