

Chinese New Year – Rabbit



Wishing you all prosperity and happiness in this Rabbit year!
This pack is full of ideas for oriental themed fun to get you celebrating Chinese New Year and learning about the qualities of the Rabbit.

For even more programme ideas check out our 'CNY Rabbit' board over on
www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



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PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- 兔 In Chinese culture, the rabbit is also said to symbolise the moon. Make a Jade Rabbit moon viewer using a toilet roll tube, card, and glue. Find out how to make your own on the 'Chinese New Year Rabbit' Pinterest board.
- 兔 The lucky colours of the rabbit are said to be red, pink, purple, and blue. Create a painting of your choice using only those colours. You could paint a rabbit or any other decoration to celebrate the Chinese New Year.
- 兔 Make a rabbit shadow puppet out of card, tape and skewers. You could make a shadow puppet for all of the other Chinese Zodiac animals too and re-tell the story of 'The Great Race' behind a bright light.
- 兔 Build a moving paper plate rabbit using paper plates, split pins and paint.
- 兔 Construct a rabbit-shaped lantern to hang as a decoration for Chinese New Year. Check out the 'Chinese New Year - Rabbit' board on Pinterest for a variety of lantern options and designs.
- 兔 The rabbit's lucky flowers are supposedly plantain lilies and jasmine. Put together a bouquet using both or one of these plants.
- 兔 Make your own no-sew sock bunny out of old socks.

How?

Find a sock, small elastic bands, rice and scissors. Put a sock inside a tall glass, leaving some sock over the edge of the glass. Pour rice into the sock and tie the sock just above the rice with an elastic band. Tie another elastic band around the middle of your rice bundle to make a head and a body. Tie a final elastic band at the bottom edge of the body to make a tiny tail. Finally, decorate with a face and cut the top of the sock into two ears.

- 兔 Put together some bunny ears using a head band and craft materials of your choice! Why not use cotton wool to add extra fluffiness to your bunny ears?
- 兔 Create an origami rabbit out of paper or card. Why not recycle paper you no longer need such as old letters and greetings cards to make your origami rabbit? Head across to our 'Chinese New Year - Rabbit' board on Pinterest for 'how to' videos if you're unsure of where to start.
- 兔 Make a Chinese New Year Rabbit corner book mark out of card.
- 兔 Create a set of rabbit-inspired greetings cards to send to family and friends in celebration of the Year of the Rabbit. You could use the common Chinese New Year greetings found for your other activity to sign off your cards.



Food

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兔 Rabbits can eat many of the same foods as humans. These include, but are not limited to: bananas, apples, strawberries, mint, beetroot, cucumbers, and carrots. Put together a meal using some or all of these ingredients. Fancy an apple pie? What about a strawberry and mint smoothie? Go wild!

兔 Try some Year of the Rabbit Wonton Soup.

兔 Lots of people know rabbits and bunnies as veggie lovers that enjoy chomping on carrots and celery. Make a bowl of bunny 'nibbles' with veggies of your choice **crunch, crunch, crunch**.

兔 Make a batch of bunny cookies. Find some recipes on our 'Chinese New Year Rabbit' board on Pinterest. They'll be too cute to eat!

兔 Red, pink, purple, and blue are the lucky colours of the rabbit. Decorate sweet treats of your choice with these colours.

兔 Rabbits are known to enjoy a nibble at dusk. Find out when dusk is and treat yourself to nibbles or a meal at this time of the day.

兔 Cook a hearty dish of your choice, using rabbit as the main ingredient.

兔 Rabbits are herbivores that eating foods that grow in the ground, such as leafy plants, grass and flowers. Look into which plants and flowers are edible in your local area, or head to a local green grocers to purchase some pre-picked edible petals. You could even have a go at growing your own!

兔 Challenge your baking skills with some rabbit macarons (not macaroons...).

兔 Rabbits are said to love carrots - they're actually too sugary for rabbits to have on a regular basis and should only be given as a treat! Decorate strawberries to look like carrots.

How?

Simply dip your strawberries in orange chocolate and drizzle orange icing across them to finish. Why not put them in a plant pot with some crumbled chocolate cake so that they look like they've been buried in soil?

兔 Cook Sichuan Rabbit - Sichuan is a style of Chinese cuisine originating from the Southwestern region of China. Head across to our 'Chinese New Year - Rabbit' Pinterest board for a recommended recipe.

兔 Put together a Chinese New Year 'Reunion' Dinner with traditional Chinese dishes. Jiaozi is said to be a familiar dish you might find at a Reunion Dinner.



Games

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兔 Both David Beckham and Lionel Messi were born in the Year of the Rabbit - 1975. Play a game of football or brush up on your ball skills.

兔 The rabbit's lucky numbers are 3, 4, and 9. Compete in a scavenger hunt with a partner to find groups of objects in those amounts the quickest.

How?

Give your partner an object that you know there are multiple of in your home (e.g. socks, grapes, pens). Your partner will also give you a different object to the one you have given them. Decide how many of each item you will collect: 3, 4 or 9 (choose the same amount for each person to make it fair). On the count of three race against each other to collect your objects. Keep a tally chart of how many times you collect the correct amount first.

兔 Many people believe that the rabbit is the luckiest of all twelve of the Chinese Zodiac animals. Create a lucky dip box including goodies of your choice to use at a Chinese New Year themed party or celebration.

兔 Bunny hop races! Race against a partner to hop to the finish line like a rabbit. To bunny hop, simply bounce from two hands to two feet and travel in a forwardly direction. Well... don't wait around, hop to it!

兔 Some rabbits can jump up to 90cm high! See how high you can jump.

兔 East, south and northwest are known as the lucky directions of the rabbit. Play the direction game where each corner of the room is labeled as a direction (North, East, South and West) and you have to race to the corner that's called. The last person to reach the corner is out of the game.

兔 Name as many famous bunny rabbits as you can.

兔 A rabbit's long ears provide them with super sensitive hearing that enable them to listen out for predators near by. Play a game of 'Keeper of the Keys'.

What?

Keeper of the keys is a game where the 'keeper' sits in the middle of the circle on a chair with a blindfold on. A pair of keys sit beneath their chair. A player from the circle is chosen to sneak forwards and take the keys quietly, making as little noise as possible. Once back in their original seating space with the keys, everyone hides their hands behind their backs. The keeper has three guesses to find out who took the keys - guess right and they stay in the chair, guess wrong 3 times and the key-taker becomes the new keeper.

兔 Run rabbit, run rabbit, run run run! Go head to head in a running race with a partner. Make this a group game by competing in relay rabbit races instead.



Other

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- 兔 The rabbit is said to have a kind, quiet and gentle personality. Write down all of your personality traits - do you have similar traits to the Chinese rabbit?
- 兔 Read about the legend of the Jade Rabbit in China.
- 兔 According to the Chinese Zodiac Sign Hours, the hour of the rabbit is 5:00am - 7:00am. Challenge yourself to get up during this time. Why not do something productive whilst you're up? If you're completing your activities during the Summer months, you might be able to catch the sun rising!
- 兔 Rabbits live in complex tunnels systems called warrens. Construct your own tunnel maze using building materials such as Lego® or wooden blocks.
- 兔 Discover the difference between a rabbit and a hare.
- 兔 Think of as many words you can using the letters R, A, B, B, I and T. They can be as short as 2 letters, or up to 8! Can you find a word that uses all of them?
- 兔 Find out how to pronounce 'rabbit' in Chinese.
- 兔 Visit a local pet store with live rabbits that you can say hello to!
- 兔 The rabbit finished fourth in The Great Race and saved itself from falling into the river by using a floating log. Visit a park or river with a stream and have a go at finding a way across the water without getting wet.
- 兔 Hold a Chinese New Year Rabbit themed party. Maybe everyone has to dress up as a rabbit to be granted access to your party?!
- 兔 Find out what a rabbit 'binky' is. When do they do it and why?
- 兔 Discover common Chinese New Year messages that are written inside greetings cards. Are they different for the recipient you are writing to? Use some of these greetings to sign off the cards you make for your craft activity.
- 兔 Read or listen to *The Year of the Rabbit: Tales from the Chinese Zodiac* by Oliver Chin - Rosie the rabbit enjoys a mischievous adventure with her friend Jai!
- 兔 Rabbits are super sociable creatures and are often thought to be lonely when they're on their own. Have a get together with some family or friends, or both! Why not make it a Year of the Rabbit themed event?
- 兔 Visit Chinese New Year Rabbit celebrations in your local area and look at the decorations! Do you know why most Chinese New Year decorations are red?

Adventure Complete?

Reward your young adventurers with their Chinese New Year Rabbit Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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