

Chinese New Year – Ox



Wishing you all prosperity and happiness in this Ox year!

This pack is full of ideas for oriental themed fun to get you celebrating Chinese New Year and learning about the qualities of the Ox.

For even more programme ideas check out our 'CNY Ox' board over on www.PawprintFamily.com

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

Age 3 - 5



Age 5 - 7



Age 7 - 11



Age 11 - 14



Age 14 - 18



Age 18+



Craft



Food



Games



Other



Award yourselves a badge for supporting your young adventurers in their activities!

- 🐾 Adapt activities as necessary to meet your needs.
- 🐾 Add your own activity ideas or develop them into projects.
- 🐾 Use what you have; don't buy in lots of new materials/equipment.
- 🐾 No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- 🐾 One challenge badge can take as long as you like; from a few hours to days or even a full term!

Please Do	You May Not
Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

You can view the extended terms of use on our website
www.pawprintfamily.com/terms-conditions



Craft

**PAWPRINT
BADGES**

- 牛 Make a Chinese rattle drum, check out our Pinterest board for some ideas.
- 牛 Fold your own lucky red money envelope using our free template.
- 牛 Make an origami corner bookmark to look like an Ox.
- 牛 Create your own Ox mask.
- 牛 Make your own set of Tangram tiles and use them to create the shapes of the Zodiac animals.

What?

The Tangram is a puzzle consisting of seven flat polygons (tans) which are arranged to form shapes. The objective is to replicate a pattern (shown only as an outline or silhouette) using all seven pieces without overlap.

- 牛 Make your own Chinese New Year dragon head and have a parade.
- 牛 Practice scissor skills and make your own Chinese Lantern, you could do this with a glass jar in the centre so you can light up your lantern with a candle or create is just using paper.
- 牛 Craft your own Chinese hand fan.
- 牛 Design and build your own model building using materials of your choice.

Why?

Good career choices for people born in the Year of the Ox include lawyer, doctor, engineer, carpenter interior designer and architect.

- 牛 Design your own bedroom and if you like create it in a shoe box.
- 牛 Make your own compass; lucky directions for people born in the Year of the Ox are East, South East and North West.
- 牛 The element for people born in 2021 is metal; use an old puree tube, cut it open and flatten it to create a canvas for a drawing. Draw on the printed side using a ball point pen or pencil. When you turn it over you will have a relief of your design that you can add colour to with permanent markers. You can turn this in to a decoration and hang it up for luck.
- 牛 Working oxen need shoes; have a go at making a pair of your own shoes.



Food

**PAWPRINT
BADGES**

- 牛 Make a vegetarian/vegan dish as Ox are herbivores, meaning they only eat plants.
- 牛 Discover where different cuts of beef come from, you could even take a trip to your local butchers.
- 牛 Make a dish using beef such as a stir fry.

Why?

Ox (plural oxen) are adult male cattle that have been castrated and tamed; traditionally used as draft animals (to pull carts, ploughs, etc). An ox is considered to be adult at the age of 4 and live up to 15 years.

- 牛 Try or make your own oxtail soup.
- 牛 Bamboo is a lucky flower for people born in the year of the Ox. Make a dish using bamboo shoots.
- 牛 Blue, yellow and green are lucky colours for those born in the year of the Ox. Try making a dish using only foods that are blue, yellow and green.
- 牛 Decorate a cake or biscuits using blue, yellow and green decorations.
- 牛 Make your own super green, lucky smoothie.
- 牛 The element for 2021 is metal. Find out why cooking pans are made from metal and whether some metals are better than others.
- 牛 Make some traditional Chinese spring rolls.
- 牛 Find out about Saffron, a natural yellow food colouring; where does it come from? Can you make a dish using Saffron.
- 牛 Bake some blueberry muffins as blue is a lucky colour for people born in the year of the Ox.
- 牛 Steam your own traditional Chinese buns or dumplings.
- 牛 Make your own traditional Chinese dim sum.
- 牛 Noodles symbolise long life and longevity; make your own noodle dish or create your own instant noodles using herbs and spices to flavour them.



Games

**PAWPRINT
BADGES**

- 牛 Play a game of Mahjong.
- 牛 Complete our Chinese New Year word searches.
- 牛 Make your own fortune teller.

Why?

Chinese New Year traditions have always included activities related to fortune telling and predicting the future. Some games involving cards are meant and designed to predict the players fortune in the coming year.

- 牛 Have a game of draughts, chess, connect 4, noughts and crosses or othello; complex strategy games are commonly played by elders sat around city parks or squares. During Chinese New Year, families come together and generations challenge each other.
- 牛 Play follow the leader; people born in the year of the Ox are said to make great leaders.
- 牛 People born in the year of the Ox are said to be very logical; play some logic games such as Sudoku or Tower of Hanoi.
- 牛 Use your Tangram tiles and play with friends or family.
- 牛 Play the chair game, reading the story of the Chinese Zodiac.

How?

Players sit in a circle and are each given the name of a character from the story. As the story is read aloud each time a character name is mentioned, players with that name swap chairs. The last person to sit down is out of the game.

- 牛 Create your own Chinese Fortune Sticks with a series of forfeits on; using a bunch of lolly sticks write a forfeit on each one. Shake the sticks in a pot and take the one that sticks out from the others or the one that falls out. Take a look at our Pinterest board for some ideas.
- 牛 Play a game of 'Fingers Out'. Two players face each other, on the count of 3 each player places one hand out in front of them either as a fist or with 1, 2, or 3 fingers extended, shouting at the same time a number between 1 and 6. Adding up all the fingers extended, if a player guesses the exact number correctly they score 2 points, if they guessed the nearest they get 1 point, if it is a tie, no points are scored.



Other

PAWPRINT
BADGES

- 牛 Read the story of the Chinese Ox.
- 牛 Visit a farm or blacksmith to see a horse being shod.

Why?

Working oxen usually require shoes. Since their hooves are cloven they require two shoes instead of the single horse shoe.

- 牛 Visit a Chinese New Year celebration.
- 牛 Find out some famous people born in the year of the Ox.
- 牛 Discover some of the taboos around Chinese New Year (some of the things you shouldn't do) and find out about other superstitions.
- 牛 Research some of the careers that are recommended for people born in the year of the Ox; find out what you would need to do to get a job, update your CV or write a covering letter.
- 牛 Visit a farm and see oxen in the field.
- 牛 People born in the year of the Ox are said to be hardworking; do some chores around the house and track your progress with our 'Responsibilities and Rewards Chart'.
- 牛 President Obama was born in the year of the Ox, create your own presidential campaign and manifesto. If you were President or Prime Minister what would you do?
- 牛 The numbers 1 and 4 are lucky for people born in the year of the Ox, walk 1 or 4 miles.
- 牛 Watch Mulan the film.

Why?

Chinese New Year was originally a ceremonial day for praying to gods for a good planting and harvest season. People also prayed to their ancestors as they were treated as gods, see Mulan for reference.

- 牛 Find out what the top 10 Chinese New Year activities are and have a go at some or all of them.

Adventure Complete?

Reward your young adventurers with their Chinese New Year Ox Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

Scan me!

