

Chinese New Year – Dragon



Wishing you all prosperity and happiness in this Dragon year!
This pack is full of ideas for oriental themed fun to get you celebrating Chinese New Year and learning about the qualities of the Dragon.

For even more programme ideas check out our 'CNY Dragon' board over on
www.PawprintFamily.com

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11	+					
Age 11 - 14	+					
Age 14 - 18	+					
Age 18+	+					

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
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Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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龙 Put together a dragon puppet using a long strip of paper, folded into a concertina style shape, lollipop sticks, and a dragon head and feet. Not sure where to start? Find this activity on our 'CNY Dragon' Pinterest board.

龙 Decorate your own dragon eggs!

How?

Collect a polystyrene egg, glue, coloured thumb push pins/felt/sticky jewels. If using push pins, simply push the pins into the egg, slightly over lapping them each time you push a new one in. If decorating with felt, cut different coloured felt into oval shapes and stick them onto your egg with glue, again, overlapping them as you go. If using sticky jewels, simply decorate your dragon egg as normal!

龙 Craft a large, wearable dragon head out of old cardboard boxes. Don't forget to measure the size of your head first so that you make it to the right size.

龙 Assemble cute little pipe cleaner dragons. Check out these adorable beasts on our 'Chinese New Year Dragon' board on Pinterest.

龙 Create a sock puppet dragon using craft materials of your choice.

龙 Draw a dragon. What makes your dragon special to somebody else's? Think about the magical features and abilities it might possess.

龙 Construct a dragon dance costume for a Chinese New Year parade or festival. This is usually a life-sized cloth and wood puppet supported by wooden poles, which is carried and controlled by a team of dancers.

Did you know?

In China, the length of dragon dance costumes can vary. It's believed that the longer the dragon is, the more luck it will bring. A record for the longest dragon was set in 2012 in Hong Kong at a whopping 5,605 metres long! It's hard to imagine all of the material, wooden poles and puppeteers that dragon would've needed to come to life. I wouldn't like to come across a real dragon that size... would you?

龙 Create a special headpiece for Longwang. Known as the 'Dragon King' in Chinese mythology, Longwang is said to be a Dragon God and lord of the seas, dragons, and weather.

龙 Build a dragon piñata and fill it with some flamin' good treats.

龙 Make a 'fire breathing' toilet roll dragon. Head across to our 'Chinese New Year Dragon' Pinterest board for more info on how to make yours.



Food

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BADGES**

- 龙 Make a dish of your choice using dragon fruit.
- 龙 Bake and put together a dragon cupcake display featuring decorated cupcakes arranged in the shape of a dragon. Head across to our 'Chinese New Year Dragon' board on Pinterest to see this bake.
- 龙 Some dragons are drawn or created with wings, some aren't. Either way, who doesn't love wings?! Enjoy a flaming hot pile of chicken wings.
- 龙 Make some dragon torch cones. Find shallow ice cream cones, top them with a cupcake and pipe yellow and orange flames on the top or use meringue.
- 龙 Share a platter of dragon tail sandwiches.

How?

Make a platter of sandwiches filled with your favourite fillings, then cut them into triangles and fill them with triangular shaped pieces of cucumber that stick out of the edge to create dragon spikes.

- 龙 Pipe some food-coloured dragon flame meringues to use on the top of your dragon torch cones.
- 龙 Mix your own pot of fantasy dragon food. You could make it with play dough, mix it in the mud kitchen, or throw together a trail mix style snack.
- 龙 Transform a croissant into a dragon.

How?

You could add fruit spikes to your dragon's back, add a strawberry head and apple/ pineapple slice wings. Attach your fruit to your croissant with cocktail sticks.

- 龙 Put together a mix of super-hot, fiery snacks and treats that will blow away your friends and family. We're thinking chilli flavoured nuts, ginger biscuits, paprika crisps, tabasco sauce, basically anything hot hot hot.
- 龙 Make some deliciously deviled dragon eggs to get your claws into.
- 龙 Find a spicy steamed fish recipe to make. Why not add a bit of extra heat to your fish dish with extra ginger or chilli as a nod to the Year of the Dragon?
- 龙 Dragons in mythology and legends are said to be carnivores. Look into the difference between carnivores, omnivores and herbivores. What are humans? Are there any other historical creatures that are carnivores as well?



Games

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BADGES**

- 龙 Hold a dragon egg hunt. Why not hide the dragon eggs you made for your craft activity?
- 龙 Play a game of tail tag rugby. It's the same as tag rugby but with a dragon twist. Try to avoid your dragon tail from being taken as you aim to score tries against the other team.
- 龙 Choreograph and perform a dragon dance with the dragon dance costume you made for your craft activity. A dragon dance is a traditional form of dance and performance in Chinese Culture often performed at festivals and an important part of the Chinese New Year celebrations.

Did you know?

Dragon dances are sometimes performed in different colours for different reasons. Green is said to symbolise a great harvest, yellow symbolises respect for the empire, gold/silver symbolises prosperity and red is used to usher good fortune and create excitement. Some believe dragon dances scare away evil spirits and bring good luck. The dance was originally used in a ceremony for worshipping ancestors and praying for rain, dating back to the Han Dynasty from 206 B.C. to 220 A.D., but is now mainly used as entertainment.

- 龙 Think of as many famous dragons as you can from films, legends and stories.
- 龙 Slay the piñata dragon you made for your craft activity.
- 龙 Chinese mythology says that dragons can control the weather. Complete a game from the Weather and Climate Challenge Pack.
- 龙 If you made a wearable dragon head for your craft activity, play a game of 'feed the dragon'. Play in pairs and take it in turns to toss marshmallows into the dragon's mouth.
- 龙 Dragons Den. Invent a new product or idea and persuade the judges to invest in your business.

Did you know?

Dragons Den is a TV show where entrepreneurs pitch their business idea to a panel of investors in the hope that they'll secure an investment from one of them. The show is actually based on the Japanese TV show, 'The Tigers of Money', which aired in 2001.

- 龙 Play sleeping dragons, just like sleeping lions!
- 龙 Make your own set of Dragon Trumps to play with a partner. Why not download and use our free 'Trump Cards Template' to make your card stack?



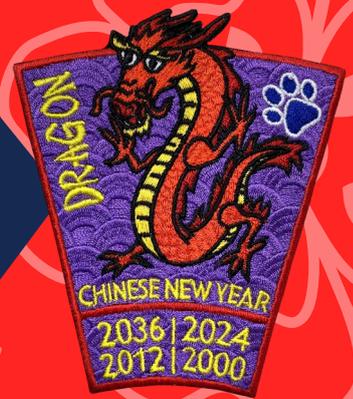
Other

PAWPRINT
BADGES

- 龙 Watch a film featuring a dragon: 'How to Train Your Dragon', 'Lord of the Rings: Desolation of Smaug', 'Harry Potter and the Goblet of Fire', 'Raya and the Last Dragon' are just a few to choose from.
- 龙 Plan a trip to visit the Dragon Garden in Knoll Gardens, Wimborne, Dorset.
- 龙 Some temples were built in China to honour the dragon, as it is seen as a powerful and legendary creature in Chinese culture. Find out more about these temples and how they honour the dragon in specific ways.
- 龙 In Chinese history, dragons are sometimes associated with water, being rulers of moving water such as waterfalls, rivers and seas. Take a trip out for the day to a waterfall, the seaside or a river near you.
- 龙 Discover more about Dragon Boat Racing. Why not plan a trip to see a race live?
- 龙 Watch a Dragon Dance being performed online, as part of a Chinese New Year documentary, or even in real life!
- 龙 Create a Chinese mythology poster featuring all things dragon. What are the legends and myths of dragons in Chinese culture?
- 龙 Dragons are said to be powerful leaders and rulers. Find out which historical leaders were actually born in the Year of the Dragon. Do they show the characteristics of a mythological dragon?
- 龙 Write your own story featuring a Dragon as the main character. Will your story be set in China and touch upon the many legends and myths of the Chinese dragon?
- 龙 Find out more about the Nine Sons of the Dragon.
- 龙 Put together a 'training program' on how to train your dragon! Film your training video, record your own dragon training podcast, or write your own dragon training 'how to' guide.
- 龙 Attend a local Chinese New Year Dragon parade/celebration or hold your own in your local community.
- 龙 Have a go at fire breathing (safely) with a fire breathing professional.
- 龙 The dragon is the only mythical creature in the Chinese Zodiac. Think up your own mythical creature. Would it be as powerful as the Chinese dragon?

Adventure Complete?

Reward your young adventurers with their Chinese New Year Dragon Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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