

Chinese New Year – Dog



Wishing you all prosperity and happiness in this Dog year!
This pack is full of ideas for oriental themed fun to get you celebrating Chinese New Year and learning about the qualities of the Dog.

For even more programme ideas check out our 'CNY Dog' board over on
www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



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PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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狗 Make a paper rose or cymbidium orchid.

Why?

These are the lucky flowers for people born in the year of the Dog. The orchid represents integrity, nobility and friendship and the rose is regarded as the 'Queen of Flowers'.

狗 Make a Dog sock puppet or concertina dog using paper.

狗 Have a go at making a dog sculpture using one of the elements.

What?

There are five elements in the Chinese zodiac: earth, metal, water, wood and fire. Depending on which year you were born in depends which element you belong to.

狗 Make a Dog sculpture using clay, metal (recycled cans or old nuts and bolts), ice (have a go at ice carving), wood or build a sculptural bonfire. Alternatively you could try welding for the fire element. Remember to wear appropriate safety clothing and follow instructions carefully.

狗 Make a Dog mask using a paper plate or materials of your choice.

狗 Create something to wear in red, green or purple (dog's lucky colours).

狗 In teams make a sculpture to show one of the characteristics of the Dog. Use basic materials such as Play-Doh or tin foil.

For Leaders...

This requires a little thinking outside the box as groups will have to try and represent one of the following characteristics: honest, friendly, faithful, loyal, smart, strong sense of responsibility, helping others. Younger groups might need some help with this and you could make it easier by asking them to draw a picture instead (using noodles if you're feeling mean!).

狗 Make a decorate a traditional Chinese hat.

狗 Decorate paper lanterns with red, green or purple.

狗 Make a paper plate hand fan or Chinese pellet drum. Pellet drums (also known as Bolang Gu) were created about 3500 years ago!

狗 Make 3, 4 or 9 random acts of kindness for your local area. These are the lucky numbers for people born in the Year of the Dog.



Food

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狗 Make rose water flavoured cakes or biscuits. Roses are one of the lucky flowers of people born in the Year of the Dog.

狗 Make your own fortune cookies.

For Leaders...

You can make this activity last as long as you like; for a longer activity make the cookie batter in the meeting and for a quicker activity prepare the batter before hand and have your young people create the fortunes for inside of them then fold the cookies. Don't have an oven in your meeting place - fold your cookies from paper instead...just remember not to eat them!

狗 Fill your own spring rolls. Make traditional flavours or create your own; you could even invent some sweet spring rolls!

狗 Make a dish using red, green or purple foods, the lucky colours for people born in the Year of the Dog.

狗 Create your own packet noodles.

How?

We all know those flavoured noodles that come in a packet? Love them or hate them it's time to create your own! Take the plain noodles from the packet and create your own flavour mix using different dried herbs and spices. Use stock cubes to add meaty flavours or go more adventurous with sweet flavours using drinking chocolate powder!

狗 Feeling brave? Hold a bush-tucker trial and try different dog foods.

For Leaders...

Take this as you will but remember to get permissions from parents/guardians before hand...this is not an activity for those with a weak stomach! Feeling kinder, use cold spaghetti bolognese sauce or sweets set in jelly. Cold pork pie minced up looks fairly appealing too or make your own bone shaped 'dog' biscuits.

狗 Make dog friendly biscuits for your four-legged friends.

狗 Steam/make your own dim-sum. Dim sum includes a large range of small dishes originally made to accompany tea in Chinese Teahouses.

狗 Make something using mandarin orange (a symbol for luck!)

狗 Make Yu Sheng (and find out what it is!)



Games

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狗 Hold a '...Got Talent' show or a 'Yes Factor'.

Why?

Michael Jackson, Madonna and Justin Bieber were all born in the year of the Dog so get ready to show your musical talents in your very own show!

狗 Play a pairs game using the signs of the Chinese zodiac.

狗 Hold chop stick races transferring as many sweets as you can from one bowl to another in one minute. Maybe have relay races?

狗 Play a game of 'fetch'.

How?

Otherwise known as 'bring me'. The group is split into teams, each sitting in a line at one end of the hall. A leader or caller sits at the other end of the room. The leader should call each round by saying "Fetch something...yellow/green/with a picture of the Queen's head on it". The winner of each round is the team who brings their object to the caller first. Keep a tally of who wins each round to get an overall winner.

狗 Have a game of Chinese whispers...shhhhhh!

狗 In teams of 3 test your loyalty, honesty and sense of responsibility.

How?

One person should be blindfolded, they must navigate through an obstacle course. The second person should face away from the obstacle course and shout instructions to the blindfolded person using only instructions signed to them by the third person who can see the obstacle course but cannot speak. All 3 must work together to successfully navigate their blindfolded person through safely.

狗 Complete a large scale Sudoku - 9 is a lucky number for people born in the year of the Dog. In Sudoku the numbers 1-9 are arranged in a 9 x 9 grid with each number appearing only once in each row, column and the nine 3 x 3 sub-grids.

狗 Play two truths and a lie - how honest are you?

狗 Play 'corners' using red, purple and green.

狗 In teams use only your body to make something green, purple or red. Best team wins! Have several rounds to get an overall winner.



Other

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狗 Hold a friendship circle and create 'Happy Envelopes'.

What?

People born in the year of the Dog are said to be friendly and loyal. In your group, sit in a circle. Each person should have an envelope which they write their name on. Each person should also have lots of pieces of paper, enough for one per person in the circle. Missing their own, everyone should move round the circle writing a nice message, placing it in each envelope. The message should be personal and all of them positive.

For Leaders...

When everyone has written a message for each envelope, collect them in and hand them out as your young people leave. These envelopes are great for lifting you up at times when you feel down.

狗 For one week help others and do a good turn each day.

狗 Learn how to say some useful phrases and greetings in Chinese.

狗 Find out which sign of the Chinese zodiac you are and what your lucky numbers, colours etc. are.

狗 Find out why Chinese New Year is celebrated in February.

狗 Take responsibility!

How?

People born in the year of the Dog have a strong sense of responsibility.

Show how responsible you can be and look after a pet for the week. If you don't have a pet then get yourself a pet egg, take him everywhere with you and bring him back the following week unharmed!

狗 It is tradition to light firecrackers at New Year and make lots of noise to celebrate. Make your own rockets and set them off or hold a firework display.

狗 Complete an activity looking at faith and what it means to be faithful.

狗 Make a lucky red envelope (traditional at Chinese New Year) put some silver in it and give it to a friend. Use the free resource available on our website.

狗 Complete a Chinese Zodiac word search; you can download them for free from our website.

Adventure Complete?

Reward your young adventurers with their Chinese New Year Dog Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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