

# Castaway Adventures



## Ready to test your survival skills?

You're shipwrecked on a desert island but how will you survive? Get ready to learn some essential skills and experience a castaway adventure!

For even more programme ideas check out our 'Castaway' board over on [www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint\_family

# PAWPRINT BADGES

You can view the extended terms of use on our website  
**[www.pawprintfamily.com/terms-conditions](http://www.pawprintfamily.com/terms-conditions)**



# Craft

**PAWPRINT  
BADGES**

- ! Build a simple shelter using a tarpaulin or natural materials.
- ! Make a campfire either indoors or out.
- ! Create a craft using knots, we suggest using at least 3 knots.
- ! Build a solar still to collect water.

## What?

A solar still allows impure water to be purified through the process of distillation. You can make a simple solar still at home by placing a small glass jar in the centre of a large bowl. Add salt water to the large bowl making sure not to get any in your jar. Cover the bowl with plastic wrap and place a rock on the top over the jar inside. Place outside in the sun. The salt water will then evaporate on to the plastic wrap, the stone in the centre causes the water to run down and pool in the jar.

- ! Make your own water filter.
- ! Put together an emergency survival kit or a pocket first aid kit.
- ! Knot a simple fishing net or make a simple fishing rod.
- ! Learn to whittle and make a campfire cooking fork. Leaders this is a great opportunity to learn about knife safety.
- ! Build your own weather station or make a weather vane. Log the weather and learn to recognise patterns/changes in the weather.
- ! Make a model raft (or a full size one if you fancy) and have a go at floating them on water.
- ! Flares are used for emergency signals and you can make a flare from sparklers. Find out how and have a go.
- ! Learn some knots and create your own camp gadgets using your pioneering skills.
- ! In the film Cast Away with Tom Hanks he makes a friend 'Wilson' from a volley ball. Create your own friend from an inanimate object.
- ! Keep yourself warm and make a hat, scarf or mittens from an old item of clothing such as a jumper/fleece.





# Food

**PAWPRINT  
BADGES**

- ! Cook/make some campfire favourites.
- ! Learn to gut or fillet a fish.
- ! Prepare, fillet and/or debone a chicken or game bird.
- ! Try coconut water or coconut flesh. Why not make a coconut recipe?
- ! Mix your own exotic fruit, non-alcoholic cocktails...you could include your coconut water.
- ! Learn about safe knife use when cooking and preparing food.

## Here's an Idea!

Why not extend this activity and find out about food safety, preparation, internal cooking temperatures and safe food storage. How can you ensure a safe cooking environment when cooking on the campfire or outdoors in general? Maybe you could even complete a food hygiene qualification!

- ! Find out how to find a water source in the wild and/or safely collect rain water to drink.
- ! Try purifying water...you could make your own solar still as part of your Craft challenge.
- ! Which foods/plants are edible when foraging? Learn how to identify them or invite someone to talk to you/take you on a guided walk.
- ! Learn how and where to fish, how to catch fish and identify which fish you have caught.
- ! Cook outdoors without the use of gas or electricity.
- ! Grow your own food and cook it.
- ! Discover the art of food preservation and have a go at preserving some foods of your own.
- ! Try cooking using a Dutch oven or make your own solar oven from a cardboard box.
- ! Make a meal from a ration pack.



# Games

**PAWPRINT**  
**BADGES**

- ! Play a game of pairs to match the map symbols to their meanings.
- ! Have a treasure hunt using a map and practice your map reading skills.
- ! Create your own fishing game and play.
- ! Sort the woodpile into tinder, kindling and fire wood.

What?

Tinder is the thickness of a pencil lead, kindling no thicker than your thumb and firewood should be about as thick as your wrist. Collect a pile of material and then race to sort it in to the correct piles.

- ! Hold water collection races, moving water from one container to another. Add an obstacle course to make it more challenging.
- ! Play a map co-ordinates game such as battle ships or use map co-ordinates to plot a picture.
- ! Relay race to layer up against the cold. How many layers can you wear at once? There's no such thing as bad weather, just inappropriate clothing!
- ! Send messages using signals; try mirrors, Morse code, flags/semaphore, smoke signals or trail signals.
- ! Play a game of torch tag.
- ! Race to roll your own bedding roll, when sleeping on the ground you always need an insulating layer to add warmth.
- ! Listen to 'Desert Island Disks' on Radio 4 and then decide on your own choices.
- ! Identify animal tracks and make a game of snap or pairs.
- ! Have a scavenger hunt to gather things you might need in an emergency. Gather as many things as you can in 2 minutes and then look at what you've gathered and how useful they are.
- ! Play the weather game using a parachute.
- ! Play a game of hide and seek to identify safe spots at home and when you should/shouldn't hide.



# Other

**PAWPRINT**  
**BADGES**

- 💡 Try different fire lighting methods, which do you think is best and which would be most useful on a desert island.
- 💡 Learn how to keep matches safe and dry.
- 💡 Find out about gathering firewood; how to gather it responsibly, where to gather it, which tree types are best.
- 💡 Learn how to read a map using a compass and/or finding your location.
- 💡 Memorise your home address and find out how to get help in different situations. Who would you call/what would you do: in case of a fire, if you were lost, if you had an accident while out walking.
- 💡 Invite someone to talk to you about foraging or wild cooking.
- 💡 Learn about fire safety and how to put out fires safely.
- 💡 Find out what the universal distress signals are when your rescuers are coming by land, sea and air.
- 💡 Discover the origins of S.O.S. signals and Morse code.
- 💡 Banish any fears of the dark and take a night hike.
- 💡 Have a mock power-cut know what to do, where to find a torch, etc.
- 💡 Know what to do if you got lost, who to call and how to get help.
- 💡 Learn some self-defense so you can protect yourself.
- 💡 Find out the origins of smoke signalling and how to send a smoke signal.
- 💡 Debate/discuss what would you take in a life boat and why?
- 💡 If you can't already, learn to swim. If you can try some life saving skills in water including treading water, calling for help and attracting attention.
- 💡 Learn how to tell the time using the sun and/or a stick.
- 💡 Discover how to navigate using plants.
- 💡 Test out different types of campfire construction.

## Adventure Complete?

Reward your young adventurers with their Castaway Adventures Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

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