

**PAWPRINT
BADGES**

**Partnership
Pack**

Care Bears™ Challenge



Join us as we explore the world of Care Bears™!

Spread kindness, share smiles, and have fun with magical crafts, games, and thoughtful challenges. Let's play, care, and cheer together.

For even more programme ideas check out our 'Care Bears' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

Welcome to the Care Bears™ Challenge Pack...



As one of the most popular and beloved character properties, the Care Bears are a group of huggable, furry friends, each with their own individual personality, caring mission, and unique belly badge to match! They live in Care-A-Lot, a cuddly-soft cloudscape play land, where they teach the importance of caring for others and sharing special feelings.

In Care-A-Lot, the Care Bears help each other with their own caring challenges, each using their own special expertise. Sometimes they bring a child with a particular caring concern up to Care-A-Lot. And, occasionally, the Care Bears must speed down to Earth to help with some caring crisis in our own world.

Now we have teamed up with Pawprint Family to bring you the Care Bears Challenge badge, so you can share kindness, spread cheer, and celebrate caring in your own community.

Get ready to explore your feelings, complete thoughtful challenges, and discover how small acts of kindness can make a big difference.



HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5							Craft	Food	Games	Other	PICK
Age 5 - 7											
Age 7 - 11		+									
Age 11 - 14		+									
Age 14 - 18		+									
Age 18+		+									

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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- ♥ Make your own sleep mask. Decorate it with stars, moons, and your favourite colours to help you drift off to sleep.
- ♥ Craft some paper or felt hearts and write kind messages for friends, celebrating how caring actions can brighten someone's day.
- ♥ Put together a friendship bracelet using string, wool, or beads.
- ♥ Create a bedtime glow-in-the-dark sensory bottle to help you feel calm.

How?

Fill a clear bottle with water, a little clear glue, and some paint or glitter. Add tiny decorations such as glow-in-the-dark stars, then seal the bottle. Shake it gently and watch the sparkles swirl and glow.

- ♥ Paint a stormy picture inspired by Grumpy Bear. Use colours and shapes to show how you think grumpy or upset feelings would look.
- ♥ Cheer on a friend or family member by making your own colourful pom poms to show your support.
- ♥ Draw a picture of your favourite Care Bear™.

Here's an idea!

If you were a Care Bear™, what symbol would be on your belly badge? Draw what you think this might look like using our free Design Your Own Belly Badge resource.

- ♥ Decorate a jar and fill it with positive notes. Each day, someone can take a note to read a kind message and start their day with a smile. What a perfect way to spread the love!
- ♥ Use paint or marker pens to personalise stones with happy symbols, colours, or positive words. Keep them in a special place or give them to someone to wish them luck.
- ♥ Download and print out the free Care Bears™ colouring pages from our website and enjoy bringing your favourite Care Bear to life.
- ♥ Design a kindness card using paper and craft materials. Write a kind message or draw a picture for someone you care about to make them smile.
- ♥ Knit or crochet a rainbow coloured scarf.



Food

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- ♥ Enjoy a tear and share loaf of bread that can be enjoyed with family, friends, or members of your group.
- ♥ Bake some heart shaped biscuits and fill them with jam to celebrate Love-A-Lot Bear's sweet and caring nature.

How?

Beat together 250g of unsalted butter with 140g of golden caster sugar in a bowl until pale and fluffy. Mix in 2 tsp of vanilla extract, then carefully stir in 300g plain flour and 1/4 tsp of salt. Once combined, roll the dough into 36 small balls. Heat the oven to 180C/160 fan/gas 4 and line two trays with baking paper. Squish two balls together to make a heart, flatten it a little, and press a small dip in the middle with your thumbs (to make another heart). Fill the dip with a jam of your choice. Repeat with the rest of the dough and bake for 8-12 minutes until beautifully golden.

- ♥ Put together a rainbow themed buffet with lots of colourful or rainbow shaped snacks and treats.
- ♥ Spread the love and pay it forward with a *caffè sospeso*.

What?

A 'suspended coffee' or 'pending coffee' is a cup of coffee paid for in advance as an anonymous act of kindness. It's a tradition that's more than 100 years old which originated in Naples, Italy. The idea is that someone who has had good luck or a good day would pay for an additional coffee for someone else to enjoy at another time!

- ♥ Make sandwiches in the shapes of moons and stars.
- ♥ Decorate cupcakes to match your favourite Care Bear's™ belly badge.
- ♥ Prepare a delicious ice cream sundae with two straws, just like the one on Share Bear's tummy! Why not share it with a friend or loved one?
- ♥ Send a surprise food parcel to a friend or loved one to let them know you're thinking about them. You can find edible gifts online or make your own.
- ♥ Whip up your favourite cake recipe and decorate it to look like a four-leaf clover. Use green icing, sprinkles, or decorations that feel lucky to you.
- ♥ Write a list of all the foods you love.
- ♥ Blend a sunshine yellow smoothie using mango, banana, or pineapple!



Games

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- ♥ Share Bear is sweet as sugar! Play a game of Pass the Parcel with sweets hidden in every layer. Don't forget to have a super sweet surprise in the centre for the last person to unwrap!
- ♥ Take part in a Cheer Relay where the first member of a team holds a pom pom (or soft toy) and hands it to their teammate. At each handover, the player must do a little cheer or shout a positive message. This is perfect for making our friends feel good about themselves.
- ♥ Tenderheart Bear is the leader of the Care Bears™. Play Follow the Leader.

How?

Stand in a circle with one person in the middle. The person in the middle closes their eyes while a leader is chosen. Once the middle person opens their eyes, the leader starts doing actions of their choice like hopping, spinning, marching, or making silly faces. The leader can change their actions at any time, and everyone else must follow along. The aim of the game is for the person in the middle of the circle to guess who the leader is!

- ♥ Bedtime Bear has got all kinds of bedtime tricks to help his friends get ready to drift off to dreamland. Take part in a game of Sleeping Bears, a fun Care Bears™ twist on the name Sleeping Lions.
- ♥ Have a Sunshine Scavenger Hunt by looking around your room or garden to find five things that make you happy.
- ♥ Make kindness envelopes.

How?

This is for fun but also has a long lasting effect. Each person has one envelope and a number of slips of paper, enough for one for each person. Write your name on your envelope and leave it in your place. Swap places so you are sat by someone else's envelope. Anonymously, write them a kind comment and pop it in their envelope. Repeat until you have written everyone a comment. When you return to your envelope, seal it up and open it when you are alone, taking some time to absorb the nice words about you.

- ♥ Grumpy Bear reminds us that it's okay to feel grumpy or different sometimes. Play a game of Emotion Musical Statues. Dance while the music plays, and then it stops, the leader calls out an emotion (e.g. grumpy, sad, happy etc) and everyone must freeze showing that feeling.
- ♥ What is the tallest single tower you can build using Love Heart sweets? You could try and beat your own record or challenge a friend.



Other

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- ♥ Collect items or toys you no longer need and donate them so that another child can enjoy them in the future, just like Share Bear.
- ♥ Listen to some calming music in preparation for bedtime.
- ♥ Keep a feelings journal and match your emotions to different Care Bears™ each day.
- ♥ Funshine Bear's motto is "enjoy each day". At the end of each day, write down one thing that you enjoyed. By this time next year, you'll have a list of 365 wonderful memories to look back on and be grateful for.
- ♥ Write a story about an adventure you imagine the Care Bears™ have had together. You could include all of your favourite bears, think about the challenges they face, and show how they use kindness to solve problems!
- ♥ Complete an acrostic poem using the letters 'CARE BEARS'™.
- ♥ Watch *The Care Bears Movie*, released in 1985 (rated U).
- ♥ Share a smile with three different people today. This could be at home, school, or out and about. Notice how a smile can help others feel happy.
- ♥ Cheer Bear helps others see the joyful side of life. She will sometimes even do a cheer to help brighten someone's day. Create your own cheerleading routine to encourage a friend or family member who feels a little nervous. You could even use the pom poms you made in your Craft Challenge to perform your cheer!
- ♥ Make your own rainbow by reflecting sunlight through a glass of water.
- ♥ Find out why the four-leaf clover is considered lucky.
- ♥ Take part in World Kindness Day, part of Random Acts of Kindness Week (RAK Week), in February.
- ♥ Hold a Care Bears™ themed party.
- ♥ Sing along to the song, *I Wanna Be A Care Bear*, linked on our Care Bears Pinterest board.
- ♥ Pick your favourite Care Bears™ story and act it out using toys, puppets, or your imagination.

Adventure Complete?

Reward your young adventurers with their Care Bears™ Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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