

**PAWPRINT
BADGES**

Cardboard Box Challenge



Are you ready to think outside the box?

From houses to hoops, there's so many things to do with your old cardboard boxes! Explore the possibilities with the 2023 Design Competition winner.

For even more programme ideas check out our 'Cardboard Box' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11	+					
Age 11 - 14	+					
Age 14 - 18	+					
Age 18+	+					

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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-  Create a junk model or sculpture from an old cardboard box.
-  Use your imagination to recycle a cardboard box into something new, such as a rocket, castle or aquarium. There are so many possibilities!
-  What can you make from an empty cereal box?
-  Put together an outfit or accessory, made entirely from cardboard.

Here's an idea!

Why not make a suit of armour and then have a game of cardboard warriors for your Games challenge?

-  Build your own box by cutting a net from sheets of cardboard, or a larger cardboard box that is waiting to be recycled.
-  Make some pom-poms by cutting your templates from cardboard. Why not watch the video on our Pinterest board to help you get started?
-  Paint an old cardboard box and turn it into something new such as a storage container or decoration.
-  Construct a shelf from cardboard and use screws, nails, nuts and bolts to hold it together.
-  Turn a shoe box into a shadow theatre.

How?

Cut the lid off and a rectangle 'window' out of the base. Turn the box on its side and cover the hole with tissue or tracing paper. Make some silhouettes from the lid of the box, or use your hands to form animals, then shine a torch from behind and put on a show!

-  Cardboard first became popular in the 19th century when people realised that it could hold a moderate amount of weight and could be formed into different shapes. Find out what the strongest shape is and have a go at making a cardboard structure that can support your own weight.
-  Assemble a collage from stickers that you find on cardboard boxes.
-  Build yourself a cardboard canoe using recycled boxes and reinforced tape. Why not see if your canoe will float and how much weight it can hold? For an extra challenge, try racing them for your Games challenge.



Food

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-  Decorate a cake with some brown fondant icing to look like a cardboard delivery box. Why not try making an address label or some fragile tape too?
-  Enjoy some food from a cardboard box, such as fish fingers or cereal.
-  Build a 'cardboard' box from biscuits and icing, just like you would construct a gingerbread house.

Here's an idea!

Why not bake a sweet treat to put inside of your box as a surprise? You could also tie a ribbon around it and gift your box to a neighbour, friend or family member.

-  Put together a cardboard box oven and have a go at baking some cupcakes or pitta bread pizzas.
-  Bake a cake mix that comes in a box from the supermarket.
-  Fill a cardboard box with long-life food and donate it to your local food bank. You could fill a shoe box yourself, or work together with your friends, family or group to fill a bigger box. Why not find out what type of food your local bank is most in need of before you start collecting?
-  Sometimes cream crackers can taste a bit like cardboard. Enjoy some cheese with your crackers to make them a bit more exciting.
-  Taste test some unflavoured own-brand cereals, such as rice crispies or cornflakes, and decide which tastes the most like cardboard.

Here's an idea!

Why not make some chocolate or marshmallow treats with the most cardboard-like cereals so they don't go to waste?

-  Make some pastry parcels and fill them with something sweet or savoury such as chocolate or cheese.
-  Run a cardboard box restaurant for your friends or family. Why not make a serving hatch by recycling a big box and some menus from cereal boxes. You could even construct a kitchen or some play food from cardboard for your Craft challenge!
-  Make a lunch box or party 'bag' from a small cardboard box and fill it with snacks or sweeties. If you've had a cardboard box themed birthday party, don't forget a slice of cake!



Games

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-  Play pass the parcel. Why not use using shrinking cardboard boxes rather than layers of wrapping paper.
-  Make a giant dice from a cube shaped cardboard box. Then, use it to play a board game with a friend.
-  Go head to head in a recycling competition, starting with the same size or amount of cardboard boxes.

For Leaders!

Why not set a time limit or give each group tokens that they can 'buy' extra materials or decorations with? You could also award points for different categories, such as the biggest creation, most decorative, most exciting or most inventive.

-  Construct a marble run or maze from recycled cardboard.
-  Play shoe box football by poking some kebab skewers through the sides and cutting a goal into each end. Attach some clothes pegs to the skewers, as your players and twist them to 'kick' a ping pong ball towards the goal.
-  Turn a shoe box into a fishing pond with some paper fish. Slide a paperclip onto the mouth of each fish and go 'fishing' with a magnet on a string.
-  What's inside the box? This could either be a 20 questions style game, or a challenge to identify an object just by touch. Alternatively, make a set of touchy, feely trick or treat boxes and count this towards your Halloween challenge too.
-  Take part in a box warriors tournament.

How?

Each competitor builds themselves a suit of armour, shield and sword from recycled cardboard and tape. Then, pairs battle it out to see how effective their creations are. The ultimate winner is the player whose armour lasts the longest. Be careful not to hurt each other though, this is just for fun.

-  Make your own hoopla game from recycled cardboard.
-  Go cardboard box caving. Construct a tunnel system from big cardboard boxes and have a go at crawling through from one side to the other. For an extra challenge, why not try navigating the 'cave' blindfolded?
-  Assemble a shape and colour sorting game using an old cardboard box.



Other

-  Cardboard is one of the most recycled items globally, and every ton of corrugated cardboard recycled saves 700 gallons of water. Take a trip to your local recycling centre to find out more about recycling cardboard.
-  Sing *Big Fish, Little Fish, Cardboard Box* and learn the actions.
-  Find out how to safely lift and carry a heavy cardboard box.
-  The average British household has 200 cardboard boxes delivered every year. This is generally made up of one large box, one medium box and two small boxes each week. Do you know your address? For an extra challenge, why not learn how to say your postcode using the phonetic alphabet?
-  Build a box fort or a den from cardboard boxes, blankets and pillows.
-  Turn a shoe box into an enclosure and look after a pet rock or soft toy.
-  Sometimes there are symbols printed on your cardboard box, such as 'fragile' or 'this way up'. Find an example on a delivery box and find out what the symbol means.
-  Go on a nature walk and take a small cardboard box with you, such as a shoe box. Set yourself a challenge, such as find something for each colour in the rainbow or letter in the alphabet, and fill your box with the things you find.
-  What's the most surprising thing that you can find in a cardboard box?
-  Understand the contours on a map by making a scale model of a mountain or your local area. Trace each contour ring onto a separate piece of cardboard, cut them out and glue them on top of each other. You've made your 2D map into a 3D model!
-  Make a cardboard sign and campaign for something you're passionate about, such as why recycling is important.
-  Build a cardboard box slide.
-  Read *The Tenant of Wildfell Hall* by Anne Brontë, which contains the earliest literature use of the word 'cardboard', from 1848.
-  When you've finished playing with your cardboard boxes, squash them flat and recycle them. Recycling cardboard boxes saves 24% of the energy needed to make new cardboard.

Adventure Complete?

Reward your young adventurers with their Cardboard Box Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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