

Birdwatching Challenge



Grab your binoculars, find the bird feeders and get spotting!
Fancy yourself as the next Bill Oddie? The Birdwatching Challenge is here to help you enjoy a host of feathery fun and frolics!

For even more programme ideas check out our 'Birdwatching' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- ✂ Make your own bird house from cardboard and decorate or get crafty with wood and DIY tools to make one for outdoors.
- ✂ Use old toilet roll tubes and create yourself a pair of binoculars.
- ✂ Create a recycled bird feeder from an old juice carton or milk bottle.

How?

There are lots of different methods for creating a recycled bird feeder and you can find lots of ideas over on our Pinterest board.

- ✂ Build a bird feeding station from lolly sticks.
- ✂ Print some hand-print birds.
- ✂ Make some fluffy pompom chicks.
- ✂ Build a bird bath for your garden, you could use old plant pots or buckets.
- ✂ Use an old sock and make a bird puppet.
- ✂ Make a nature nest.

What?

Go on a nature walk and gather twigs, leaves, sticks, feathers and other natural materials. Create a nest shape from modeling clay or dough and press your gathered materials in to the sides to make your nest.

- ✂ Create a dream catcher or head dress using feathers.
- ✂ Make your own arrows using paper straws and feathers, find out about the use of feathers on arrows.
- ✂ Make a mobile using a twig and model birds made using materials of your choice; you could needle felt them, make them from yarn or stitch them from fabric scraps.
- ✂ Model an owl from air dry clay.
- ✂ Fold your own origami birds.
- ✂ Gather sticks and twigs and have a go at building your own bird's nest.



Food

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- ✂ Make a bird feeder using a pine cone smothered with peanut butter, rolled in bird seed.
- ✂ Make a healthy milkshake or a dish using milk, i.e. rice pudding.

Why?

Pigeons and Doves produce milk for their young, it is called crop milk. This milk contains higher levels of protein and fat than the milk produced by mammals.

- ✂ Make some crackers using seeds.
- ✂ Create your own healthy breakfast bars using seeds and nuts.
- ✂ Make your own cornflake nests with some chocolate eggs on top.
- ✂ Mix your own protein balls with peanut butter. You can find plenty of recipes on-line.
- ✂ Thread raisins, peanuts (in their shells), sultanas and other dried fruits on to string to hang in trees for a tasty treat for garden birds.
- ✂ Taste different game bird meats and compare them.
- ✂ Make fat balls to hang in your garden.
- ✂ Core out half apples and pack the space with seeds and nuts mixed in lard.
- ✂ Taste test different eggs; duck, hen, quail. Do they taste any different?
- ✂ Make your own scotch eggs.
- ✂ Fry your own eggy-bread; bread dipped in lightly whisked egg and fried (with plenty of butter is best in our opinion).
- ✂ Learn to make omelette, scrambled egg, boiled egg or another egg dish.
- ✂ Find out about egg replacements, i.e. aquafaber (chickpea water) as a replacement for egg white.
- ✂ Make a recipe with chicken, the most common bird in the world.
- ✂ Thread hoop shaped cereal on to a pipe cleaner and form in to shapes then hang in your garden for a pretty bird feeder.



Games

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- ✋ Peck for jelly worms in chocolate soil. For an added challenge tie your hands behind your back.
- ✋ Have an egg throwing competition (search 'egg throwing' on the website or check out the Easter challenge pack for a 'How To'.
- ✋ Hold your own egg and spoon races.
- ✋ Complete a pigeon drop (for older groups 14+), see the Spy Challenge pack for a 'How To'.
- ✋ Have a penguin waddle race, placing an inflated balloon between your ankles and waddle along.
- ✋ Play a game of garden bird bingo, how many different garden birds can you spot?
- ✋ Create your own snap/pairs cards to help you identify different garden birds.
- ✋ Make a set of garden bird top trumps.
- ✋ Guess the garden bird from their call or feather colours.
- ✋ Have a game of 'Which bird am I?' using 20 yes or no questions to guess which bird you are.
- ✋ Hold your own bird seed relay.

How?

Race in teams to transfer as much bird seed as you can from one container to another. Playing alone? See how much seed you can transfer in 30 seconds, 1 minute, etc.

- ✋ Have a feather race, blowing your feather along a course to the finish line.
- ✋ Play 'Fruit Salad' but swap the fruits for: Blackbird, Blue Tit, Robin, Goldfinch and Starling and for 'Fruit Salad' shout 'Birdwatching'.
- ✋ Complete a birdwatching scavenger hunt; write the name of a garden bird down the side of a piece of paper, head out in to the garden and find an item beginning with each letter.
- ✋ Find out what different baby birds are called and see if you can match them to their mummies, i.e. Puffling is a baby Puffin.



Other

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- ✋ Take part in the Big Garden Birdwatch or the Big Schools' Birdwatch.
- ✋ Visit your local park and feed the ducks. Remember, please feed them bird seed and not bread!
- ✋ Build a tree house and experience life in the tree tops.
- ✋ Find out about different uses for feathers, how many can you find?
- ✋ Track the migratory routes of birds on a world map; which bird travels the furthest?
- ✋ Investigate and identify different birds eggs.
- ✋ Learn to drum.

Why?

There are two kinds of woodpecker, the Greater Spotted and the Green. The Greater Spotted woodpecker can be heard drumming on trees.

- ✋ The bird song in the morning is called the dawn chorus; join a choir, sing in a group, write new words to our favourite song.
- ✋ Plant trees and plants such as crab apple, sunflowers or honeysuckle to encourage in to your garden.
- ✋ Put up a bird feeding station in your garden.
- ✋ Have a go at clay pigeon shooting.
- ✋ Starlings are outstanding mimics, try playing a game like Simon Says or sing a call and response song.
- ✋ Watch a bird related film such as Chicken Run or Fly Away Home.
- ✋ Dance to the Birdie Song.
- ✋ Tweets on Twitter are 280 characters long, try writing some Tweets about your Birdwatching Challenge and tag us in them @PawprintFamily.
- ✋ Visit a nature reserve and see what birds you can spot.
- ✋ Take a trip a falconry centre or invite someone to visit you with birds of prey.

Adventure Complete?

Reward your young adventurers with their Birdwatching Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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