PAWPRINT **BADGES

Big Garden Birdwatch Challenge



Last year more than one million people took part...Will you? We've teamed up with the RSPB to bring you the Big Garden Birdwatch challenge and support the world's largest garden wildlife survey.

For even more programme ideas check out our 'Birdwatching' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll

www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



*PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

*PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

*PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!









Welcome to Big Garden Birdwatch 2022

What is it?

Big Garden Birdwatch is exactly as it sounds! Since 1979, people have watched the birds in their garden, park or balcony for an hour, and let the RSPB know what they've seen. That helps us know which birds are doing well, and which ones are in trouble. It's fun, and you'll get to know your garden birds too.

Every birdwatch counts!

What will you see?

How to do it

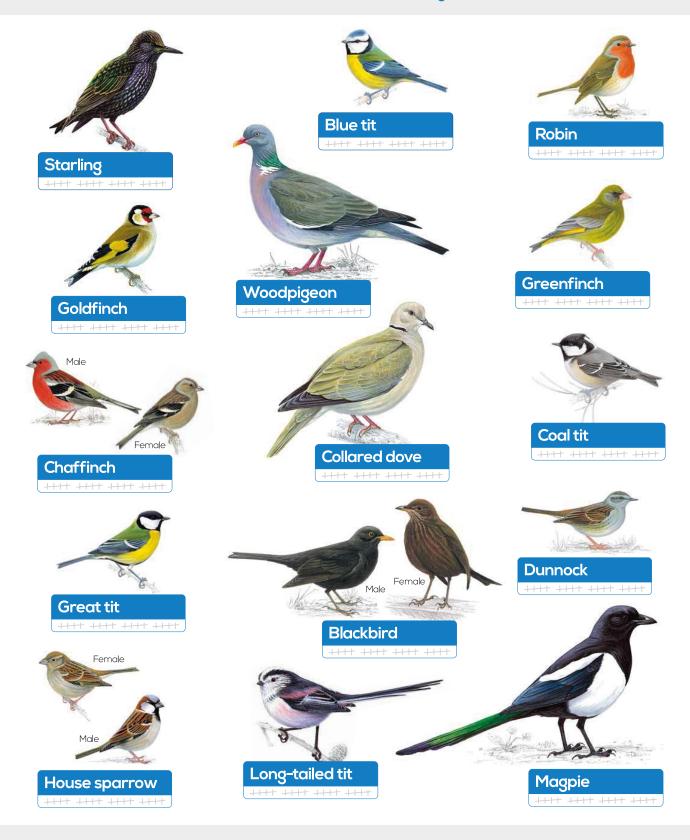
Taking part in Big Garden Birdwatch is easy!

- 1) Pick an hour between 28 and 30 January 2022. (Top Tip: It doesn't matter what time of day you do your Big Garden Birdwatch, but you'll definitely see more birds early in the morning.)
- 2) When you see a bird, tick it off. Just count the birds that have landed.
- 3) Count the most birds you see at one time. So, if you see four starlings in a group, then two later on, your count will be four (not six, that's cheating!). You can use the counting sheet below.
- 4) When your hour is up, let us know what you've seen using www.rspb.org.uk/birdwatch
 If you didn't see any birds in your hour, it's still really useful information for us. Please let us know. You've got until 20 February 2022 to let us know your results.
- 5) That's it! Thank you so much. You're now a

Big Garden Birdwatcher!

Counting sheet to help you

These are some of the birds that you might see. You can use the tally to help you count. You can also find lots of tips on how to identify birds at rspb.org.uk/birdwatch





Hello from the RSPB!

The RSPB is the charity behind Big Garden Birdwatch. We're the largest wildlife charity in the UK, and we're working hard to create a world richer in nature.

To find out more, go to: rspb.org.uk



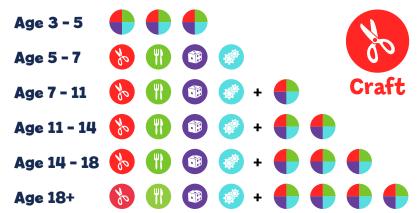


HOW TO: Use Your Challenge Pack



This Challenge Pack has been created in partnership with the RSPB. Divided into 4 sections: Craft, Food, Games and Other, it's been designed to help you provide a balanced and varied programme for your young adventurers. We recommend that the following number of activities are completed by each age group:

Food







Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

Please Do	You May Not
Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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& Craft

PAWPRINT **BADGES

- Create your own bird identification chart for the top 5 birds from 2021's Big Garden Birdwatch: House sparrow, Blue tit, Starling, Blackbird and Woodpigeon.
- Design a garden that's bird friendly using our free 'Garden Design' resource to help you.

What?

Birds need food, water, shelter and a place to nest. Putting out food will attract birds, and how about planting flowers and trees to help insects, as well as birds? Including a bird bath or pond is a great addition and don't forget a nest box or two.

- Make a poster or leaflet about the use of insecticides and slug pellets and their impact on our garden birds.
- Build a bird box using the RSPB nest box plans (rspb.org.uk/fun-and-learning/for-families/family-wild-challenge/activities/build-a-birdbox/) or make a paper birdhouse using our free resource.
- Create your own bird feeder.

How?

There are so many different ideas for DIY bird feeders; from recycled plastic bottles to toilet rolls and pine cones. You can find instructions on the RSPB website here: rspb.org. uk/fun-and-learning/for-kids/games-and-activities/activities/make-a-recycled-bird-feeder

- Build your own bird table to attract birds to your garden or green space.
- Set up a bird bath; you could create one from recycled or reclaimed materials. Remember to try and keep your bird bath ice free in the winter too.
- Weave your own bird's nest. Create a natural bowl by weaving together twigs and sticks, just like a bird. Help nesting birds in spring by leaving out natural materials such as grass cuttings, straw, moss and plant cuttings.
- Make your own felt or clay bird decoration. Why not model it on your favourite garden bird? See how many real ones you can spot during Big Garden Birdwatch.
- Put up a nest box or roosting pocket for birds to roost in during winter. Many smaller birds including blue tits will use boxes in the winter as well as during nesting season in the spring.

Food



- Investigate the different seeds and nuts in bird food; where do they come from, how do they grow, can you find out?
- Why not make some bird biscuits or cakes? You could decorate them to look like your favourite garden birds.
- Make some fat balls and help feed the birds in your garden all year round. Remember! It's important to use shop bought, unused lard for this activity. You can find some instructions here: rspb.org.uk/fun-and-learning/for-families/family-wild-challenge/activities/feed-the-birds
- ✓ Use an apple or an orange to make a fruity bird feeder for the garden.

How?

Slice your apple or orange in half. For apples remove the core and make a small hollow in each half of your apple. For oranges, remove the segments until you are left with the peel. Push wooden kebab skewers through the fruit, from side to side, around 1cm from the cut edge to make a cross. Tie string to the ends of the skewers for hanging and fill your fruit with seeds. Hang in the garden and watch for feathered visitors.

- V Discover what to feed birds and when. You can find some great information on the RSPB website, here: rspb.org.uk/birds-and-wildlife/advice/how-you-can-help-birds/feeding-birds/when-to-feed-garden-birds
- Find out what a food web is and how our most common garden birds fit in. Why not create your own food web diagram?
- Many of our garden birds enjoy eating worms and caterpillars. Have a go at making some edible jelly worms for you to enjoy.
- Mix up your own chocolate, bird's nest, crispy cakes.
- A robin's parental instincts are highly developed and they are often reported to feed the chicks of other species. Make some food and share it with friends or another family.
- The house sparrow (the number 1 bird in the Birdwatch 2021) has a short beak, ideal for cracking seeds. Use nut crackers and crack open some nuts (the type you get at Christmas) to see how the sparrow's beak works.
- In the spring and summer soft apples, pears, bananas and grapes are great foods to leave out for our feathered friends. Use these fruits to mix up your own fruit salad.

- Create your own trump card game for garden birds and compare size, weight, wingspan and population size. Check out the RSPB A-Z list of birds, here: rspb.org.uk/birds-and-wildlife/wildlife-guides/bird-a-z
- Identify birds from their songs. You can find recordings of each bird via the link above.
- Have your own caterpillar relay. In spring blue tit chicks can eat up to 100 caterpillars per day so to feed a brood of 10, adults need to find as many as 1000 caterpillars per day!

How?

Hide 'caterpillars' (short lengths of string/yarn) around your space. Race to gather the caterpillars and bring them back to your nest (base). You could race to fill a jam jar or compete to see who can collect the most in a set amount of time. Add another level of challenge by wearing a sock on your hand as a beak and use different colours of yarn.

- Play a game of garden bird bingo. You could make your own bingo cards and see which birds you can spot in order to tick them off OR you can have a traditional game of bingo using bird names instead of numbers.
- Create and play a game of garden bird pairs. The population of our garden birds is measured by the number of breeding pairs. You can discover the populations of all our native birds on the RSPB's A-Z list (link above).
- Guess the weights of the garden birds using money.

How?

£1 weighs 8.75g, 50p = 8g, 20p = 5g and 5p = 3.25g. A blue tit weighs just 11g so just less than £1.05!! See if you can accurately guess how heavy some of our other garden birds are using money.

- Y Starlings are marvellous mimics and can incorporate other animal and even human and mechanical noises into their songs! Have a go at a copy cat game and see how accurately you can copy someone else's whistle, song or noise.
- Play some online games; you can feed some hungry chicks and play Feather Frenzy on the RSPB website, here: rspb.org.uk/fun-and-learning/for-kids/games-and-activities/online-games-for-kids
- Have a game of Duck, Duck, Goose using common garden birds, i.e. Robin, Robin, Blackbird.

Other



- Take part in the world's largest garden wildlife survey, Big Garden Birdwatch. Go to: rspb.org.uk/birdwatch to find out more. You can also do the Birdwatch at school or in a youth group: go to rspb.org.uk/schoolswatch
- Raise funds to support the work of the RSPB.
- Visit your local/nearest RSPB nature reserve. You can find them all on the RSPB website here: rspb.org.uk/reserves-and-events/reserves-a-z
- Attend or take part in an event at your local RSPB nature reserve. Find out what's on at: events.rspb.org.uk
- Discover more about some of the birds on the red and amber conservation lists. See rspb.org.uk/birds-and-wildlife/wildlife-guides/uk-conservationstatus-explained for more information.
- Build a natural shelter or hide in your garden or green space.
- Visit your local garden centre and discover some native shrubs and trees that you could grow to help birds.
- Y Set up a bird box web cam or garden web cam to watch your feathered visitors.
- Discover more fun facts about some of our most common garden birds. Check out the RSPB website for more, here: rspb.org.uk/fun-and-learning/for-kids/facts-about-nature/facts-about-birds
- On the web page above you can discover some fun little rhymes to help you identify some of our most common garden birds. Have a go at creating your own rhymes or poems about your feathered friends.
- Use the online identifying tool to discover who is visiting your garden/green space. Find the tool online here: rspb.org.uk/birds-and-wildlife/wildlife-guides/identify-a-bird
- Become a member of the RSPB. You'll find out more about wildlife, receive magazines and get free entry to nature reserves. Go to: rspb.org.uk/join to find out more.
- The robin sings all year around. Have a go at writing a song about your Big Garden Birdwatch adventures. Why not record your song and share it with us on social media? Use #BigGardenBirdwatch

Adventure Complete?

Reward your young adventurers with their Big Garden Birdwatch Challenge badge to **mark their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold...**the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

