

26 in 26 - Activities to Complete in One Day

Select which activities you would like to take part in during 2026.

1. Make a list of **26** things you want to achieve in 2026
2. Complete **26** star jumps
3. Write down **26** things you are grateful for
4. Make a list of **26** things you like about yourself
5. Take a **26** minute walk
6. Complete **26** crosswords or brain teasers
7. Learn **26** words in a new language
8. Create a playlist with **26** of your favourite songs
9. Do **26** squats or lunges
10. Write a **26** line poem
11. Find **26** quotes that inspire you
12. Make a list of **26** books you would like to read one day
13. Take **26** photos
14. Learn **26** new facts
15. Have a **26** minute dance party
16. Take part in a **26** item scavenger hunt
17. Run **26** laps of a playground or field
18. Learn to tie **26** different knots
19. Complete **26** random acts of kindness
20. Swim **26** laps of a swimming pool
21. Make a list of **26** places you want to visit
22. Bounce a ball **26** times
23. Toss and catch a ball **26** times without dropping it
24. Complete **26** different yoga poses
25. Tell **26** different jokes
26. Make a list of **26** films you would like to watch one day

26 in 26 - Activities to Complete in One Year

Select which activities you would like to take part in during 2026.

1. Visit **26** different parks
2. Read **26** new books
3. Bake **26** new treats
4. Try **26** foods you have never tried before
5. Watch **26** films
6. Read **26** short stories
7. Complete **26** DIY craft projects
8. Try **26** new hobbies
9. Learn **26** different drawing techniques
10. Make **26** handmade gifts for friends or family
11. Listen to **26** different podcasts
12. Research **26** different artists and their style of art
13. Learn about **26** different types of trees
14. Try **26** new foods
15. Meet **26** new people
16. Try out **26** new recipes
17. Identify **26** different flowers or plants
18. Build **26** different things using LEGO bricks
19. Try **26** different chocolate bars
20. Learn **26** magic tricks
21. Volunteer to help family or friends with **26** tasks
22. Write or illustrate a **26** page story
23. Spend **26** hours volunteering for a local charity
24. Listen to **26** audiobooks
25. Design **26** greetings cards to send through the year
26. Complete **26** puzzles

26 in 26

Write an activity in each of the sections. They can be activities that you can complete in a day, an hour, the whole year or a combination. Once you have completed the activity, colour that section in a colour of your choice. At the end of the year, you should have a beautifully coloured picture that helps you to remember all of your achievements in 2026!

