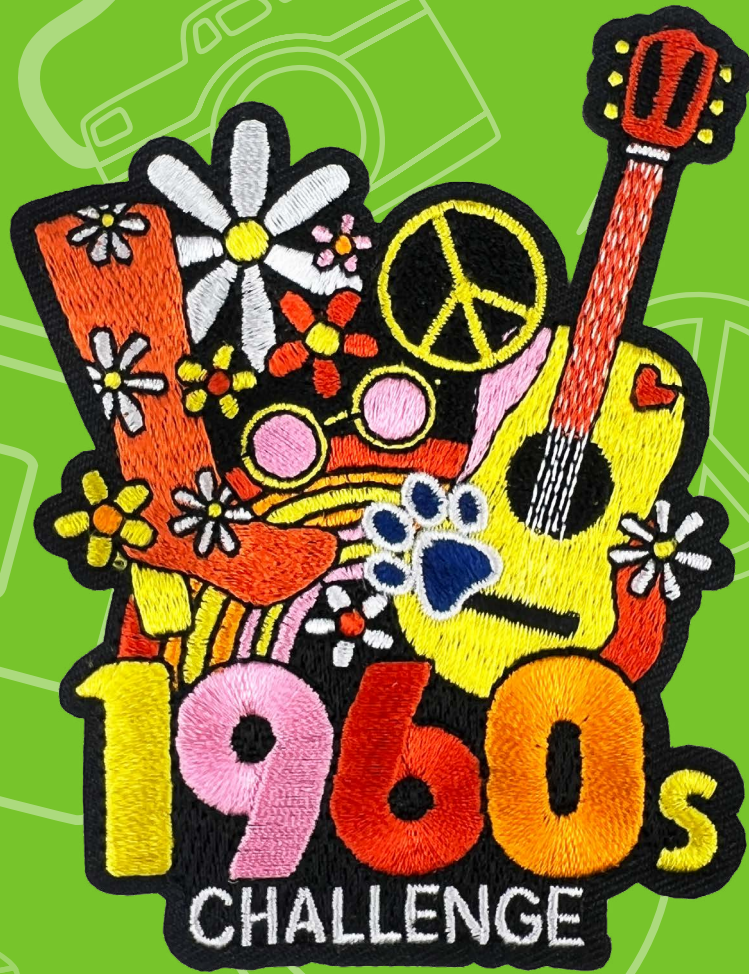


1960s Challenge



Let's step into the Swinging Sixties...

From flower power and Beatlemania to space exploration and the first moon landing, this exciting decade was a time of peace and love. Ready to explore?

For even more programme ideas check out our '1960s' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7		Craft	Food	Games	Other	PICK
Age 7 - 11	+					
Age 11 - 14	+					
Age 14 - 18	+					
Age 18+	+					

Leaders, Teachers & Parents
Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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Craft

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BADGES**

- * Create some pop art paintings inspired by Andy Warhol. Use your favourite bright colours and repeated patterns to make your work POP!
- * Build a papier-mâché model of a yellow submarine.

What?

In August 1966, The Beatles released the song Yellow Submarine which topped the charts within weeks. The song inspired the 1968 animated film.

- * Design a natural collage inspired by the flower power style of the 1960s.
- * Make your own lava lamp by filling a clear bottle with water, oil and food colouring. Watch the beautiful colours swirl around, just like the lava lamps that were popular in the 1960s.
- * Weave a peace sign dream-catcher using string, beads, and feathers to hang in your bedroom.
- * Tie-dye an old plain white t-shirt with bold, colourful patterns for a piece of 1960s fashion.
- * Draw your own comic strip inspired by Roy Lichtenstein, using bold lines, dots, and speech bubbles. What story will you choose to tell?
- * Decorate some love heart bunting.

Why?

On the 3rd of December 1967, doctors performed the very first human heart transplant! A 53 year old patient received the heart of a 25 year old donor, making medical history.

- * Construct a rocket model inspired by the space race.
- * The Etch A Sketch was invented by electrician André Cassagnes in the late 1950s and became a very popular toy for kids in the 1960s. Have a go at drawing a picture for yourself using an Etch A Sketch.
- * In the 1960s, fans went wild for The Beatles, following them everywhere they performed. This craze was called 'Beatlemania'. Imagine you were at one of their concerts and design an eye-catching sign to show your appreciation.
- * Have a go at using a Spirograph to make some fun patterns, a popular toy invented in 1965 by British engineer Denys Fisher.



Food

**PAWPRINT
BADGES**

- * Bake a Tunnel of Fudge Cake, a deliciously chocolatey bake that won the Pillsbury Bake-Off in 1966.
- * Make some rainbow tie-dye t-shirt biscuits.

How?

Start by baking some t-shirt shaped biscuits, either using a recipe of your choice or a ready-made biscuit dough. Divide some white royal icing into seven bowls and add a different food colouring to each one (one for each colour of the rainbow). Spoon or pipe different blobs of each colour onto the biscuits. Then, using a toothpick, gently swirl the colours together to make a tie-dye effect. There is no need to be perfect with this, each t-shirt can look completely unique, that was the fun of tie-dye!

- * Pop Tarts™ were introduced in the USA in 1964 when Kellogg's released their four original flavours: Strawberry, Blueberry, Brown Sugar Cinnamon, and Apple-Currant. Find a recipe and make a homemade version of Pop Tarts™.
- * Try a range of astronaut freeze-dried meals or foods.

Why?

On the 21st of July 1969, Neil Armstrong became the first person to walk on the moon during the Apollo 11 mission. During the trip, he ate freeze-dried meals rehydrated with water which are said to have included beef and vegetables and pork with potato scallops.

- * Host a dinner party inspired by popular 1960s dishes.
- * Jelly desserts were very popular in the 1960s. Have a go at making a jelly layer cake using flavours of your choice.

Did you know?

During this time, many people also enjoyed savoury jelly, also known as aspic. This was made using meat/vegetable stock or broth instead of water and included foods such as vegetables, meat, seafood, and eggs. Do you think you would be brave enough to try it?

- * Angel Delight™ is an instant whipped dessert that was invented and sold in the UK from 1967. Its flavours include chocolate, strawberry and butterscotch and are still enjoyed by many today. Try some for yourself.
- * Drive-in cinemas were a popular activity in the 1960s. Create your own drive-in movie feast with classic snacks such as popcorn, hot dogs, burgers, and chips while enjoying your favourite films.



Games

**PAWPRINT
BADGES**

- * In 1966, England won the football World Cup at Wembley Stadium in London. Play a game of football or organise a mini tournament with family or friends to recreate this historic moment for yourself.
- * Take part in a space hopper race to see who can reach the finish line first. If you are playing alone, challenge yourself to see how far you can travel without falling off.

Why?

The 1960s was an exciting decade for space exploration. The first man went into space in 1961 and the first woman in 1963. The space hopper was also invented in 1968!

- * Put together a 1960s celebrity guessing game. Players must look at pictures of famous people who were born in the 1960s and see how many they can name correctly.
- * The 1960s was known as the decade of flower power. Set a timer and see how many different types of flowers you can name before the time runs out.
- * Twister became popular during the 1960s. Enjoy a game and see who can keep their balance the longest!
- * In 1960, two explorers made history by traveling 35,820 feet down to the Challenger Deep in the Marina Trench, the deepest part of the ocean. They were the first people to reach such extreme depth. Play a game of higher/lower or bigger/smaller using creatures that live in the oceans and discover some amazing new animals that you didn't know about before!

Did you know?

The bottom of the ocean is pitch black because no sunlight can reach it but it has been said that over 75% of deep-sea animals are bio-luminescent which means that they can glow in the dark! Some examples of these incredible creatures include the anglerfish, the vampire squid and the Atolla jellyfish.

- * Hula hoops were all the rage in the 1960s and a favourite playground toy for children everywhere. Grab a hula hoop and have fun with a game of your choice. You could see how long you can keep it spinning around your waist or lay it on the floor and toss bean bags in it from a distance.
- * Get inspired by astronaut Neil Armstrong and act out a space walk. Why not dress in an astronaut's outfit for extra fun while you use your imagination to create your very own space adventure?!



Other

- * Watch a classic Disney film that was released in the 1960s such as *The Jungle Book* or *101 Dalmatians*. How does the style of animation differ from the more recent Disney films?
- * Step into the world of *Doctor Who*! Watch an episode and learn about the different Doctors who have travelled through time and space in this famous TV show, which first aired in November 1963, and has been enjoyed by generations ever since.
- * Listen to some music that was popular in the 1960s such as The Beatles, The Rolling Stones, The Supremes, or The Beach Boys.

Here's an idea!

Create your own 1960s inspired playlist filled with songs from the decade that make you feel happy, excited, and ready to dance!

- * Put together an outfit inspired by the 1960s fashion with bright colours, patterns, and retro accessories.
- * Learn some of the famous 1960s dance moves such as The Twist, The Mashed Potato, or The Hully Gully.
- * Interview somebody who grew up in the 1960s and ask them about their favourite music, clothes, food, and games at the time.
- * Explore the hippy movement by learning about why people wore flowers, loved peace signs and believed in peace, kindness and making the world a better place.
- * The 1960s saw the arrival of some of the world's most loved movie musicals such as *Chitty Chitty Bang Bang*, *Oliver*, *My Fair Lady*, and *The Sound of Music*. Have a listen to some of the soundtracks and sing along to your favourites.
- * Jimmy Hendrix was a popular musician in the 1960s and is still known as one of the greatest guitarists of all time. Learn a few notes or a short song on the guitar and imagine you are rocking out on stage.
- * Visit the library to find out more about the Vietnam War which lasted from 1955 to 1975.
- * Read a book that was released in the 1960s such as *Where the Wild Things Are* by Maurice Sendak, *Charlie and the Chocolate Factory* by Roald Dahl, or *Green Eggs and Ham* by Dr Seuss.

Adventure Complete?

Reward your young adventurers with their 1960s Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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