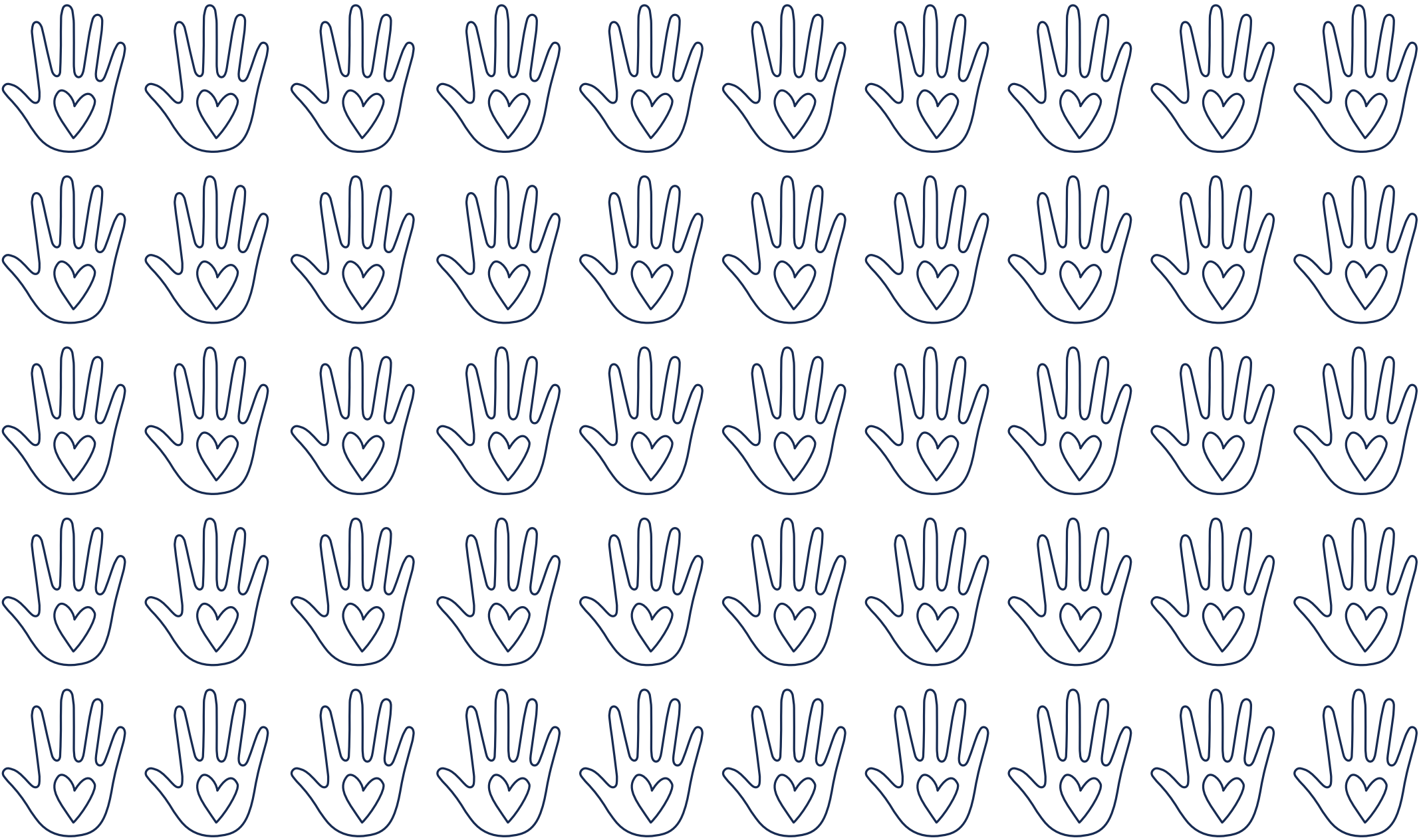
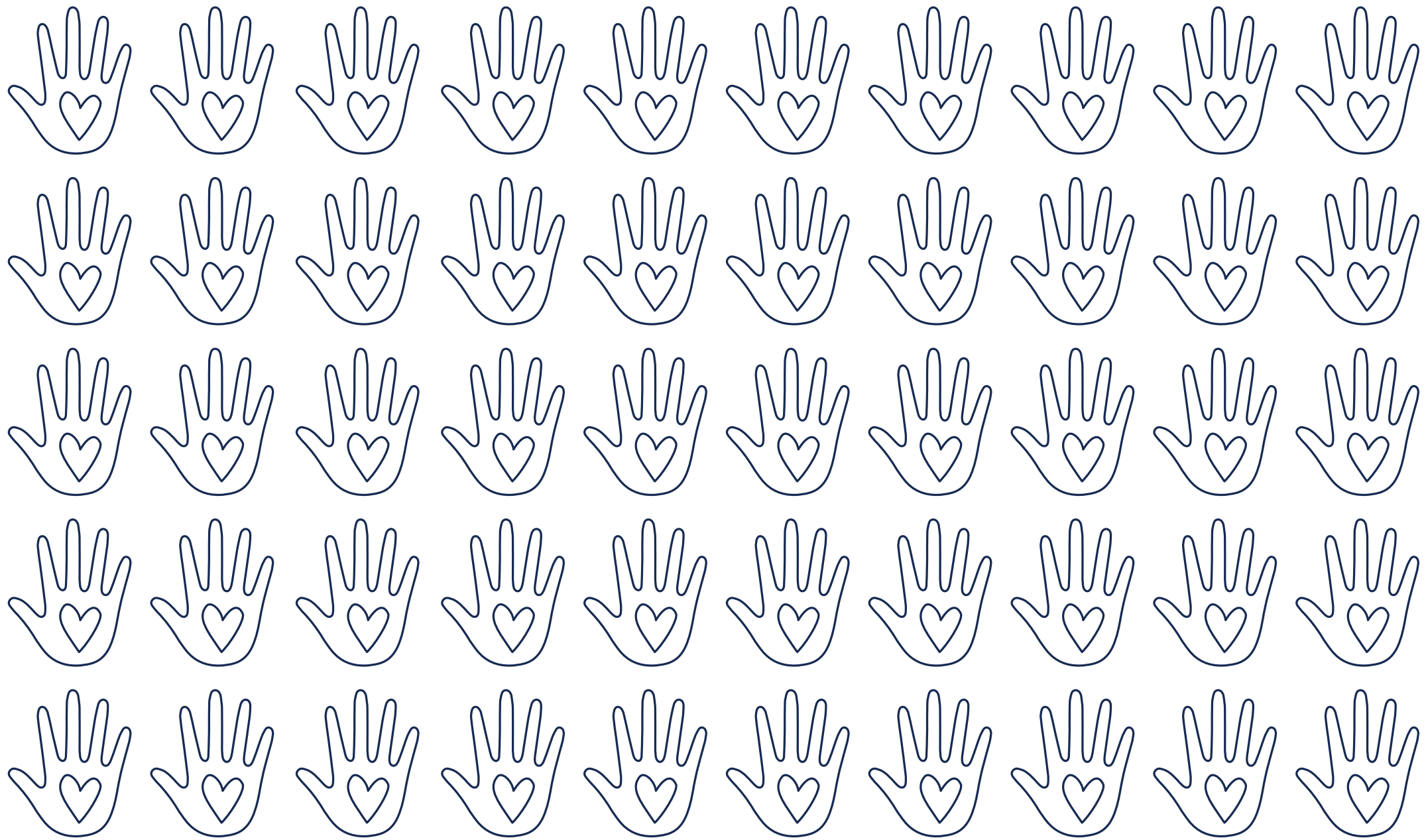


100 Acts of Kindness

Colour in one of the hands on this poster each time you complete an act of kindness. Can you complete 100 acts in 100 days? Use our A-Z of Random Acts of Kindness for inspiration and tag us in your photos on social media!



Cut/fold along the line above and stick along the dashed line on the next page to make a wall poster to record your acts of kindness.



CONGRATULATIONS!! You did it, 100 acts of kindness!